

March News

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DATES TO REMEMBER:

Mar. 3 -Hot Lunch (Chopped Leaf)

Mar. 10 -Western Day

Mar. 16 -Rock your Socks Day!

Mar. 17 -Hot Lunch (Jim's Pizza)

Mar. 20 -April 2 - Spring Break

Apr. 3 -School Re-Opens

Apr. 7 -Good Friday, No School

Apr. 10 -Easter Monday, No School

Apr. 20 -Class & Group Photo's

Apr. 21 -Volunteer Appreciation

Apr. 27 -Movie/Storybook Day!

Apr. 28 -Pro-D Day, No School

PUT YOUR CLOCKS AHEAD MARCH 12



ST. PATRICKS DAY
March 17 (WEAR GREEN)



TERM 2 REPORT CARDS SENT HOME MARCH 13-17



PRINCIPAL'S MESSAGE:

With second term now ending, students have a lot to feel proud about and celebrate. They have grown academically as well as socially and emotionally. It is so nice observing each student's growing confidence as learner and as an individual.

Families are encouraged to discuss your child's report card with them and talk about the progress they are making. Together, discuss the many things they do well and areas of success to celebrate. As well, talk with your child about what they feel they need to get better at, goals they may have and ways they can grow in their learning. Additionally, take some time to talk about areas needing further attention, develop a plan of action and remind your child that by putting forth their very best in all that they do, will yield positive results. Lastly, please remind your child that you, their teachers, and the staff at Promontory are there to help and support them.

In addition to how your child is progressing academically, students are also working on further developing and refining their learning skills. Learning skills include the following competencies:

Organization: how well you keep your work, supplies and spaces organized; how prepared you come each day ensuring you have all your learning materials

Self-Regulation: how well you understand and manage your behavior and your reactions to feelings and things happening around you.

Responsibility: how well you do the things you are supposed to do, at level to which reflects the best of your ability -you make smart choices, you are accountable for your actions and/or decisions

<u>Collaboration</u>: how well you work with others and provide you thoughts and input, but also listen to the thoughts and input of others during group work and discussions. **Independence**: how well you can work on a task for a given length of time on

<u>Initiative</u>: how well can you begin a task on your own, finding ways to show greater learning and looking for ways to improve upon or extending your learning or understanding.

your own or with minimum need for your teacher's or other adult's support.

From all of us at Promontory, we wish you and your family a wonderful and healthy Spring Break. May it be filled with many fun adventures, great memories and hopefully a lot of sunshine. See you back at school Monday April 3rd! ~Ms. Kass

SOME OF THE THINGS THAT YOU WILL FIND ON OUR WEBSITE



BELL TIMES
CLICK HERE



CALENDAR CLICK HERE



NEWSLETTERS CLICK HERE



ABSENCE CLICK HERE

ROCK YOUR SOCKS!

Time to kick-off Spring Break in style.

Get out your fancy, bright and colorful, mismatched socks.

We can't wait to see your creative footwear in action on March 16th

In support of World Down Syndrome Awareness Day on March 21.





IN/OUT DAYS

WE WILL GO OUTSIDE MOST DAYS. With the colder weather on its way, we can expect more frequent cold, wet weather. Even on days with drizzle or light rain, children will be sent out for a period of time to get fresh air. The day is long, and children do crave exercise and fresh air. PLEASE ENCOURAGE YOUR CHILDREN TO MAKE RESPONSIBLE CHOICES AND ENSURE THEY ARE DRESSED PROPERLY FOR THE WEATHER. If your family is facing financial hardship and purchasing winter clothes is a struggle, please read the Affordability Fund section below.



We appreciate everyone's patience with our very busy school parking lot.



Couple of Reminders:

-double parking for staff only (due to limited parking stalls)

-be mindful of not blocking drive through lane

-park in designated areas ONLY

-remain with vehicle unless in a designated parking spot



We continue to Support families at our school in a variety of ways! Please see the information below.

AFFORDABILITY FUND



The Government of BC recently announced that school districts would be receiving funds that would directly support families who are currently facing financial hardships. These funds can be used to improve students' access to nutritional food before, during and after the school day, and to directly off-set costs to parents, guardians, and students, such as school supplies, field trips, winter clothing, or other cost pressures. If your family is in need, we are ready and able to help. Simply contact any member of our office staff or another staff member with whom you feel comfortable, and we can help. This will be handled privately and with discretion.

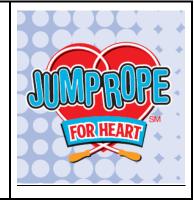
JUMP ROPE FOR HEART

Students brought excitement and energy to our Jump Rope for Heart event day on February 1st. The intermediate students did a fantastic job taking on leadership roles to help the younger students participate. Keep up the goals that were set and challenge yourselves to build more healthy habits.

Jump reinforces the healthy habits kids need, eating right, being active, and drinking plenty of water. After all, what's more important than your kids growing up to be healthy and active? ... The donations raised help fund life-saving research, education, and other Heart & Stroke initiatives. ~Anita, Jump Rope for Heart Mom from

https://www.jumpropeforheart.ca/.

Thank you for all your donations during our Jump Rope for Heart Campaign! We set a school fundraising goal of \$2000 and raised an amazing \$2560.90.





AUTHOR VISIT

I have booked the Emmy nominated filmmaker, author and illustrator Jeff Chiba Stearns to come in and do a presentation for Grade 2's and Grade 5 students on Friday Mar 17. His grade 5 presentation will focus on his graphic novel, "On Being Yukio", that is about the Japanese Internment camps. His grade 2 presentation will focus on his picture books "Mixed Critters" and

"Nori and his Delicious Dreams". The primary presentation will feature a drawing lesson. Jeff has recently visited the Chilliwack Museum and did a presentation in Hope during the summer. Please feel free to check out his work on his website. Link https://www.meditatingbunny.com/

He will have copies on his books available to buy and he will also bring in order forms for people who interest in purchasing his books. I have attached a PDF of his ordering form for interested parents.

BOOKS OVER MARCH BREAK

All student library books are due back to school before spring break. Please return all library books during the week of March 13th -17th or earlier. Students will have to read classroom books or books from home during the last week of school.

DAMAGED AND LOST BOOKS

Some families will receive bills for lost or damage books. Please send a cheque or exact cash to pay for the book. Cheques can be address to Promontory Heights. No change is available. Please pay for any missing or damaged books promptly so your child can continue to use the library.

How does Super Reader Program work?

Every night a child reads for 15 minutes they receive a check mark in their green reading log booklet. Every 50 nights of reading, please return the booklet back to your classroom teacher for a reading prize.

If your child has lost or misplaced their green Super Reader booklet, some extras are available at the library. You can also send a note or an email to your child's classroom teacher once they have reached a level.



PRIZE ALERT: The earliest date for 200 nights is March 4th at 200 nights students win a brand-new picture book.

' Cole's gift certificate

READING LINK CHALLENGE 2022-2023 (BATTLE OF THE BOOKS)

The school competition will be held on March 10. The team that has the most correct answers will be named Promontory Champions and will get to move on to the next level of competition versus other schools in SD33.

If your child is participating in the Reading Link Challenge, please celebrate this and congratulate them for reading all 6 books. It is amazing that they were able to rise to the challenge. Reading all the books is no easy feat, and I am extremely proud of all of our students who participated and tried. The Reading Link Challenge will be back again next year.

FAMILY READING AND BOOK EXCHANGE SCHEDULE

FAMILET READING AND BOOK EXCHANGE SCHEDOLE					
	March 3- Open for family book exchange. Story read aloud @ 8:35am	March 10- Open for family book exchange. No read aloud.	March 17 - CLOSED		

THE BOOKMAN

We have a Promontory Library account set up there. Please donate the credits you receive, and we are then able to buy good used books at great prices! Thank you to the families that did that this past year.

MATURE CONTENT BOOKS

If your child in Grade 4 or Grade 5 would like to take out the 'mature content – teen books' we have in the library, he or she may get a library permission slip. These are books that have some violence, coarse language or mature subject matter e.g. The Hunger Games, Five Nights at Freddy's, and some various comic books and popular manga series (Maximum Ride, My Hero Academia, Dragon Ball Z). This only needs to be done once, as it is kept on file.

MAKERSPACE NEWS	SUPPLIES NEEDED		
Check out what we are making in the Makerspace! Please	~Pipe Cleaners	~Pom Poms	~Nails/Screws
visit our Instagram page: "Promontorymakerspace"	~Elastics	~Beads	~Magnets
	~Toothpicks	~Marble Tracks	~New 3V Batteries

PAC NEWS

Parents and guardians of Promontory Students are all a part of our PAC.

Our PAC Executives work hard throughout the school year to provide enhancements to your child's school experience.

Through fundraising and government gaming grants, we are able to provide or purchase:

- A variety of classroom learning materials
- Updated technological devices
- Materials for the library
- Field trip subsidy
- Sports equipment
- Extracurricular team and club materials

February has flown by! It has been a busy fun filled month with Valentine's celebrations, fieldtrips, and activities. Even though we had cold snap, wind and below 0 temperatures with snow, we are certain that the springtime weather is just around the corner.

The PAC is eager to see the new mural that will be installed on the South face of the building, it will add some color and inclusion to our School. Installation will be happening within the next couple of weeks.

PAC was able to help support Mrs. Plummer's class with a "chick hatching experience". It will be so fun for the students to watch and learn all about the life cycles of Chicks.

Next PAC meeting will be APRIL 18th, 2023, at 7:00 pm in the school library. ALL ARE WELCOME!!

If you would like to volunteer with PAC activities, please email: promontory-pac@sd33.bc.ca

Upcoming Events:

1. Carnival Planning is on its way. If you would like to be involved with the planning, set up or volunteering, please email: promontory-pac@sd33.bc.ca

HOT LUNCH

HOW TO REGISTER:

- 1) Go to: https://munchalunch.com/schools/PromontoryHeights/
- 2) Click the "Register Here" button (as shown below). The system will guide you through from there.
- 3) After adding your children, click the green "Order Lunch!" button to order
- 4) Next time, just click the "Login Here" button to access your account.

ORDERING DETAILS

- Online ordering will be open at least by the 1st of each month until 1 week before date of hot lunch
- Orders are paid for using credit card online through munch a lunch secure system. Or brought to school by ordering date deadline. If payment is not received by deadline you will be notified of your order cancellation.

Please only order for the dates you intend to pay for. Munch A Lunch does not accept partial payments. Thank you! Please note if your child is ill on a lunch date, you are welcome to come and pick up their lunch at 12 pm from the office; otherwise please consider it a donation for a child who does not have a lunch. Consistent with previous years, there are NO REFUNDS as this is a PAC fundraiser. Coordinators – Karmen/Lisa – promontoryhotlunch@gmail.com

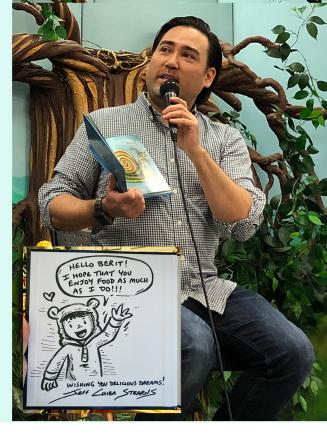


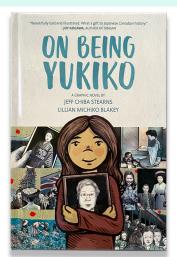
PROMONTORY HEIGHTS FRIDAY, MARCH 17

AUTHOR & ILLUSTRATOR VISIT!



We're excited to announce that Emmy nominated animation director and highly acclaimed author and illustrator **Jeff Chiba Stearns** will be visiting your child's school to read his best-selling children's books **MIXED CRITTERS** and **NORI AND HIS DELICIOUS DREAMS** and best-selling graphic novel **ON BEING YUKIKO** and inspire imagination through an engaging drawing workshop! Give your child an exciting keepsake by ordering personalized signed books with an original drawing by Jeff! **meditatingbunny.com**



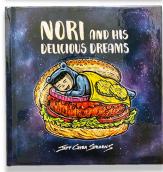


BOOK ORDER FORM Due March 16!

YES! I would like autographed copies of Jeff's books! (signed w/ drawing)
Cash or cheque accepted as forms of payment.

- * Please make cheques payable to Meditating Bunny Studio Inc.
- * Please enclose cash in a sealed envelope and attach to the order form

Student's Name: 🛚 🗕	
Teacher's Name & Gra	ade:
TOTAL amount enclos	sed:



MIXED CRIT	TERS
	GT ABC book by SERF CHIBA STRAAMS

HARDCOVER BOOK By Jeff Chiba Stearns (SIGNED W/ DRAWING)	PRICE PER BOOK (GST INCLUDED)	QUANTITY	BOOK/S SHOULD BE AUTOGRAPHED TO:
NORI AND HIS DELICIOUS DREAMS Books suitable for ages 5 - 9	\$15		
MIXED CRITTERS Books suitable for ages 5 - 9	\$15		
BOTH CHILDREN'S BOOKS MIXED CRITTERS & NORI AND HIS DELICIOUS DREAMS	\$30 \$25 (special combo price!)		
ON BEING YUKIKO Books suitable for ages 9 - 12	\$20		





Great news - Our school facilities are open to the community!

Follow us for updates on classes, programs and special events! www.phecsa.ca

Facebook: Promontory Heights Community School Association-PHECSA Instagram: _PHECSA_

Office Hours

Monday-Thursday 8:30am - 8:00pm Friday 8:30am - 4:30pm Saturday 9:00am - 1:00pm

PHECSA provides educational, recreational and social opportunities for community members of all ages and abilities.

PRESCHOOL (0-5 YEARS)

Busy Bees Crafts and Coffee

THURSDAYS 9:00-10:30AM

Join us for morning crafts, cuddles and coffee! Complete a craft, sing songs, and stories revolving around a weekly theme!

Discover Dance - Twinkle Toes

WEDNESDAYS: MAY 3RD - JUNE 7TH 3-4 YRS OLD 3:30PM-4:15PM \$60.00 Ms Kathie & Miss Kaitlyn will help your little "twinkle toes" explore the world of dance and movement in this fun class designed for young children.

Dandelion Fields Outdoor Preschool

A place for little ones who love to discover, explore, imagine and play in the dirt! Email for information & registration package: dandelionfieldspreschool@gmail.com

Chilliwack Isshin-Ryu Karate Club

Little Dragons Ages 4-7 Mondays & Wednesdays

Learn about Karate and Self-Defense in a fun atmosphere. For information and to register call 604-799-6504 or visit www.chilliwackisshinryu.ca

PANTHER PEN BEFORE AND AFTER-SCHOOL CARE

Need Before or After-School Child Care?
Panther Pen-Fully Licensed School Aged Program
Monday thru Friday from 7:00am-8:25am and 2:15pm-5:30pm.

Pro-D Day Camps
Winter Break Camps
Spring Break Camps
Sun-N-Fun Camps: 7 Weeks of Summer Fun!

Space is Limited - Must Pre-Register
For Registration Information and Packages
Phone: 604-858-2999
Email: pantherpen@phecsa.ca

IMPORTANT REGISTRATION INFORMATION:
REGISTRATION MAY BE DONE IN PERSON AT THE PHECSA
OFFICE, OR OVER THE PHONE PLEASE CALL 604-858-2999
ALL CLASSES NEED THE MINIMUM REQUIRED TO RUN - SO
REGISTER EARLY TO AVOID DISAPPOINTMENT!! PHECSA
ACCEPTS PAYMENT BY CASH, DEBIT OR CREDIT CARD.

SCHOOL AGED (6-12 YEARS)

PRISM Studio Ceramics

VARIOUS DATES 3:00-400PM GRADES 1-5 PER SESSION -\$25.00 Everything you need to complete a fun ceramics project. Join us to complete an Instructor led ceramics project using fun design ideas and techniques..

Session Dates: Tuesday, April 11th Tuesday, May 2nd Tuesday, June 6th

Discover Dance: Happy Feet

WEDNESDAYS MAY 3RD - JUNE 7TH 4:15PM-5:00PM 5-7 YRS OLD \$60.00
The world of dance and movement awaits in this dance class! Ms Kathie & Miss
Kaitlyn will share their love of jazz, ballet & hip hop in this FUN class! No previous dance experience required.

Floor Hockey

WEDNESDAYS APRIL 19TH-MAY 24TH 4:00PM-5:00PM GRADES 2-5 \$45.00

Join us for some Floor Hockey fun! Learn the fundamentals of hockey in a safe, fun and positive environment.

Basketball

TUESDAYS APRIL 18TH-MAY 23RD 2;30PM-3:30PM \$100.00 (INCLUDES T-SHIRT)

Join BC BOUNCE for six-sessions of After-School Basketball! Sessions will focus on learning and developing skill sets and movements as we progress to controlled games and competition in an encouraging and fun environment.

Indoor Junior Golf Academy

THURSDAYS MAY 4TH-MAY 25TH 2:30PM-3:30PM \$80.00

Join Atlas Performance Golf Academy for four-sessions. Students will learn the basic skills of grip, stance, chipping, putting and driving. Through group activities and games, students will have the opportunity to foster teamwork, honesty and patience while learning the fundamental rules of golf.

LEGO Club

THURSDAYS 2:30-3:45PM GRADES 1-5 FREE DROP-IN!

LEGO lovers a fun way to showcase your creativity! Join us every week and bring your wildest creations to life! One-time registration form required to attend

At Home Alone+

DATE: FRIDAY (PRO-D DAYS)

10+ YEARS
\$40.00

This is an interactive, participatory program that is designed to teach children to make safe choices while At Home Alone.

Next Course-Friday, June 2nd from 1:00pm-5:00pm

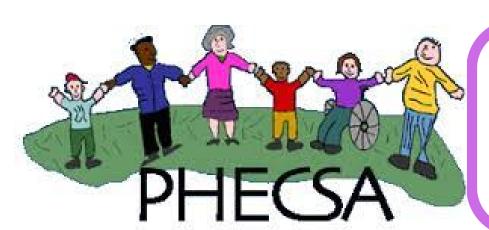
Canadian Red Cross Babysitting Course

DATE: SATURDAY
9:00AM-5:00PM
11+ YEARS
\$60.00
Basic first aid and caregiving skills for youth 11-15 years old.
Participants learn how to provide care to younger children in a variety of age groups, and how to prevent and respond to emergencies.
Participants will receive a Canadian Red Cross Babysitting certificate upon completion. Please contact the PHECSA office to be added to the wait list!

Chilliwack Isshin-Ryu Karate Club

MONDAYS AND WEDNESDAYS

Train with mixed age groups. Families have a chance to train together or grow in martial arts together. For more information call 604-799-6504 or visit www.chilliwackisshinryu.ca



Promontory Heights Elementary Community School Association

46200 Stoneview Drive, Chilliwack BC V2R 5W8

Phone: 604-858-2999 EMAIL: phecsa@phecsa.ca WEBSITE: www.phecsa.ca



PHECSA SPRING PROGRAM GUIDE

PROMONTORY HEIGHTS COMMUNITY SCHOOL ASSOCIATION



YOUTH ZONE

Promontory Tween Night Grades 4-6 FRIDAYS 6:30-9:00PM

DROP IN \$3.00

Looking for something to do on Friday nights? Check out the many activities offered....sports in the gym, movies, board games, concession, and dance parties. New theme nights each week!!! Join your friends for FUN, FUN, FUN!!

Tween Night Registration-Parents of ALL participants MUST complete a one time registration form with contact information before attending. Please contact the PHECSA office for Tween Night Registration forms. Maximum capacity 50 participants. Pre-Registration will be made available for larger Tween Night events.

Promontory Youth Crew 14+ years

Join the Youth Crew at Promontory! Get your work experience hours, help plan activities, special events, help out at Youth Night and qualify to apply for the PHECSA Scholarship. Call 604-858-2999 for information.

WEEKLY DROP-INS

Busy Bees Crafts and Coffee

THURSDAYS 9:00-10:30AM

Join us for a morning of crafts, cuddles & coffee! Complete a craft, sing songs, stories revolving around a weekly theme

LEGO Club

THURSDAYS 2:30-3:45PM

LEGO lovers a fun way to showcase your creativity! Join us every week and bring your wildest creations to life! One-time registration form required to attend.

GRADES 1-5

Pickleball

TUESDAY AND THURSDAY 5:45-8:00PM

DROP-IN \$3.00

FREE DROP-IN

FREE DROP-IN!

Primetimers Social

FRIDAYS: 9:30-11:00AM FREE DROP-IN!

Take time for coffee and conversation. Meet local seniors and enjoy games, field Presented by the Promontory PAC - Stay tuned for more information! trips and much more.

Promontory Tween Night Grades 4-6

FRIDAYS 6:30-9:00PM

DROP IN \$3.00 Looking for something to do on Friday nights? Check out the many

activities offered....sports in the gym, movies, board games, concession, and dance parties. New theme nights each week!!! Join your friends for FUN, FUN!!

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ADULT/SENIOR

Primetimers Social

FRIDAYS 9:30-11:00AM

FREE DROP-IN!

Take time for coffee and conversation. Meet local seniors and enjoy games, field trips and much more.

Pickleball

TUESDAY & THURSDAY

5:45-8:00PM

DROP-IN \$3.00

Hatha Yoga

THURSDAYS 7:00-8:00PM **APRIL 6TH-JUNE 8TH** \$120.00 (10 SESSIONS) Relax as you practice Hatha Yoga, blending together the benefits of an active and receptive practice, woven and deeply connected by the breath. Class will include a dynamic, warming all levels sequence and be balanced with a quiet, cooling set of postures for an integrated and nourishing practice to help calm and relax the nervous system. Beginners welcome! Drop-In available for \$15.00 per session

MUSIC PROGRAM

Private Piano Lessons 6+ years

Monday-Thursday \$17.00 per 1/2 hour lesson

Private Guitar & Ukulele Lessons 6+ years Tuesday & Wednesday \$24.00 per 1/2 hour lesson

Please contact PHECSA 604-858-2999 for lesson information and availability.

SPECIAL EVENTS

Spring Carnival & Market SATURDAY. MAY 13TH 10:00AM-3:00PM

FACILITY RENTALS

Our school facilities are used throughout the year for birthday parties, meeting, clubs, team practices, and many other social, recreational and educational community gatherings. Contact us about your special event!

IMPORTANT REGISTRATION INFORMATION: REGISTRATION MAY BE DONE IN PERSON AT THE PHECSA OFFICE, OR OVER THE PHONE PLEASE CALL 604-858-2999 ALL CLASSES NEED THE MINIMUM REQUIRED TO RUN - SO REGISTER EARLY TO AVOID DISAPPOINTMENT!! PHECSA ACCEPTS PAYMENT BY CASH, DEBIT OR CREDIT CARD.



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FUNDING ACKNOWLEDGEMENT

THIS VENTURE HAS BEEN MADE POSSIBLE DUE TO A PARTNERSHIP BETWEEN SCHOOL DISTRICT #33 AND THE CITY OF CHILLIWACK. PHECSA WOULD LIKE TO GRATEFULLY ACKNOWLEDGE FUNDING RECEIVED BY THE CITY OF CHILLIWACK AND SERVICE CANADA

Stay tuned for upcoming classes, programs & special events!

Have a program idea? We would love to hear about it! Send us an email at: phecsa@phecsa.ca



Promontory Heights Elementary Community School Association

46200 Stoneview Drive, Chilliwack BC V2R 5W8

Phone: 604-858-2999 EMAIL: phecsa@phecsa.ca WEBSITE: www.phecsa.ca

TWEEN NGHTS

FRIDAYS, 6:30PM-9:00PM AT PROMONTORY HEIGHTS ELEMENTARY SCHOOL
OPEN TO ALL STUDENTS IN GRADES 4-6
(50 STUDENT CAPACITY)
S3 ENTRANCE FEE PER STUDENT

MARCH 3RD

WE ARE BRINGING OUT THE PERLER BEADS THIS TWEEN NIGHT! SHOW OFF YOUR CREATIVITY AND HAVE FUN WITH FRIENDS!



MARCH 10TH

YEEHAW! IT'S WESTERN DAY AT TWEEN NIGHT. COME DRESSED IN YOUR BEST WESTERN DAY OUTFIT AND ENJOY SOME FUN GAMES AND CRAFTS!

MARCH 17TH

GET COZY AND ENJOY A MOVIE WITH SOME YUMMY ST PATRICKS DAY THEMED SNACKS!



NEW IMPORTANT INFORMATION - TWEEN NIGHT PRE-REGISTRATION

PARENTS OF ALL PARTICIPANTS MUST COMPLETE A ONE TIME REGISTRATION PACKAGE BEFORE ATTENDING TWEEN NIGHT.

CONTACT THE PHECSA OFFICE BY PHONE OR EMAIL FOR A REGISTRATION PACKAGE



PHONE: 604-858-2999

EMAIL: phecsa@phecsa.ca WEBSITE: www.phecsa.ca