



November 2023

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PRINCIPAL’S MESSAGE –

After a very extended summer weather wise, fall has certainly arrived, bringing much colder and wet weather. With the first 2 months of the school year now well underway, students have nicely settled into the routines and expectations of school. Staff will continue to provide timely academic, social responsibility and work habit instruction.

The past few weeks have brought many moments for students to celebrate and feel proud about.

Our Choir had the memorable opportunity to perform with Juno Winning musician Norman Foote at the Chilliwack Cultural Centre in his show “The Howl Masquerade”. Students on our Cross-Country Running and Soccer Teams have represented Promontory well, persevered in rainy weather, and more importantly achieved their personal best in number of their meets. Well done!

We have also enjoyed students and family’s creativity with the Storybook Pumpkin challenge and costumes. There were many incredible Pumpkin Creations arrive on October 31st based on a beloved story book character, the many carvings that took place in classrooms and the many impressive costumes -our community has many talented individuals. Be sure to check out some of the photos on the last page!

~Ms. Kass

GRADE 5 FUNDRAISER - POINSETTIA SALE – Orders due Nov 21st



To help support the Grade 5 activities including year-end celebrations, we are holding a poinsettia sale through Little Mountain Greenhouses. Order information is attached and will also be sent home. **Orders are due to classroom teachers by Tuesday, November 21st.** Thank you for your support in making our Grade 5 year special!

Grade 5 students will be bringing around copies of the flyer for each class. Thank you for handing these out to your students! You are welcome to order yourself if you’d like some lovely Poinsettias!

Thanks, from the Grade 5’s!

KINDERGARTEN REGISTRATION

Kindergarten registration for the 2024/2025 school year is now open! If your child turns 5 by December 31, 2024 - please make sure to register as soon as possible. Please follow the link here. [REGISTRATION](#)

We will have our Remembrance Day assembly on November 9th after recess. A commemorative assembly and classes will create and lay a wreath.



Schools closed Monday November 13th

DOGS ON THE SCHOOL GROUNDS

We are dog friendly school. To ensure a positive experience for all, families who have their dogs accompany them to the school grounds are reminded to ensure:

- Your dog is on a leash.
- Your dog is Children and People Friendly.
- Your dog is calm around other dogs.
- Dog waste is picked up and removed.



IN/OUT DAYS – DRESS FOR THE WEATHER



WE WILL GO OUTSIDE MOST DAYS. With the fall weather on its way, we can expect more frequent wet, windy weather. Even on days with drizzle or light rain, children will be sent out for a period of time to get fresh air. The day is long and children do crave exercise and fresh air. **PLEASE ENCOURAGE YOUR CHILDREN TO MAKE RESPONSIBLE CHOICES AND ENSURE THEY ARE DRESSED PROPERLY FOR THE WEATHER.**

DROP-OFF, PICK UP AND PARKING

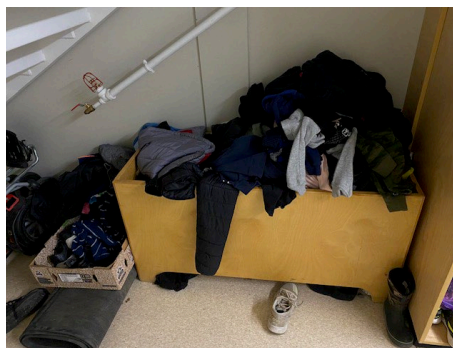
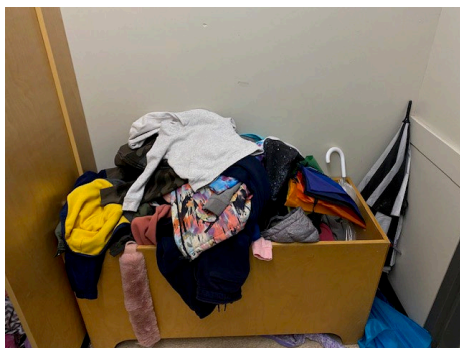
The recent arrival of wet, cooler weather, a few quick reminders about dropping-off & picking-up your child at school:

1. **Parking stalls are for Staff Only.**
Unfortunately, there are not enough parking stalls for all staff, requiring some to park behind a staff members car. *staff and vehicle info are kept at the office to ensure prompt contact of the owner if removal of a vehicle is necessary without disrupting classes
2. **Drop Off / Pick Up Zone:** The parking lot along the front of the school is for quick loading/unloading drive-through ONLY.
3. **Drop Off:** Proceed forward to the next vacant area to allow multiple families to use the Drop Off Zone simultaneously. Please note this zone is for a quick drop off/pick up *only*.
4. If you need to exit your vehicle or wish to accompany your child, please use the designated short-term parking (10-15 mins) parallel to the drive through zone. **Please note vehicles in the drive through zone have the right of way in order to prevent vehicle back up at the school entrance.**
5. For unlimited parking time, please park in designated areas in the around the school grounds.
6. Please respect the STAFF PARKING areas. From time to time some staff parking stalls are vacant, staff members often make a quick errand on their break and require the parking space upon their return.
7. Please use the crosswalk or sidewalks when entering or leaving the school entrance area. Please do **NOT** walk through the parking lot.



LOST AND FOUND

The lost and found is OVERFLOWING! Please come and check for students missing items. Remaining items at the end of this year will be donated.



*****ALLERGIES – PROMONTORY IS A "NUT AWARE" SCHOOL**



Please ensure that you have made your child’s classroom teacher and the office **aware of any serious allergies**. **Students that require Epi-pens must wear a fanny pack at all times** with their Epi-pen and other medication in case it is needed.

This will ensure that the Epi-pen is immediately available in the event it is needed.

We have a number of students with nut allergies, and at least one class where students have been asked to be "nut free". We ask that families help us keep these students safe. If you send peanut butter, peanuts or peanut products to school, your child may be asked to eat outside of the classroom.

CHILD CUSTODY/COURT ORDERS

Please make the classroom teacher and the office staff aware of any concerns of this nature that impact upon your child’s family situation. **The office must have current copies of court orders, custody access documents, and/or documents that limit or restrict access**, so the school staff can support enforcement.

Dates to Remember

Nov 9	- Hot Lunch (Taco Del Mar)
Nov 10	- Pro-D Day, No School
Nov 13	- Stat (in lieu of Remembrance Day), No School
Nov 23	- Hot Lunch (Jim’s Pizza)
Nov 24	- Pro-D Day No School
Nov 25	- Christmas Craft Fair (10:00am-3:00pm, in the gym)
Dec 8	- Hot Lunch (White Spot)
Dec 13/14	- Intermediate Christmas Performance (more info to come)
Dec 22	- Hot Lunch (Subway)
Dec 23-Jan 7	- Winter Break, Schools Closed

LIBRARY NEWSLETTER



Storybook Pumpkin Patch:

What a great response we had for our Storybook pumpkins! So many creative students and parents in our Promontory school community. Thanks to everyone who participated in making and decorating their storybook pumpkins for our library.

SCHOLASTIC BOOK FAIR

COMING FOR CHRISTMAS - MONDAY DEC 4 to THURSDAY DEC 7

PARENT SHOPPING TIMES: DAILY 2:00pm-2:20pm

- Both cash, credit and debit are accepted because Scholastic supplies a debit/credit machine.
- Students can buy books when their class visits the fair or parents can purchase books between 2:00 and 2:20 daily.
- During the Book Fair, the library is closed for book exchanges. The Book Fair is only open during school times,
- All purchases help our library and school community. Proceeds are invested into fundraising projects and prizes for reading programs.

DURING THE BOOK FAIR, ALL STUDENTS WILL HAVE A DEDICATED SHOPPING TIME WITH THEIR CLASS. PLEASE KEEP IN MIND THAT LIBRARY TIMES MAYBE BE DIFFERENT FOR STUDENTS DURING BOOK FAIR WEEK. For example, any students who usually visit the library on Friday’s will have an alternative time slot, earlier in the week.

Camp Read S'more (READ-A-THON):



Our school's read-a-thon happened on TUESDAY October 31st from 10:45am – 11:45am. Pledge forms were sent home earlier in October, but if your child's form has gone missing, just send your child to the library OR office for a new one. We will be collecting pledges until the morning of Friday Nov 3rd. Check December's newsletter for more details including the winner of the classroom pizza party once all the pledges are collected and counted.

This year we are raising money to purchase a classroom set OZOBOT EVO robots. Our goal is to purchase a total of 30 OZOBOT EVO robots. We will purchase two classroom kits. One will have 12 robots (retails at \$2669.99) and one will have 18 robots (retails at \$3999.99). Our goal is to raise enough money to purchase all 30 robots as soon as possible. This project may take multiple years to complete.

KIWANIS SUPER READER PROGRAM:

Read and earn rewards! Green logbooks were distributed in September. Students will receive a Super Reader Booklet after their first visit to the library. Every night a child reads for 15 minutes they receive a check mark in their booklet. Every 50 nights of reading return the booklet back to your classroom teacher for a reading prize. Parents are allowed to back date the booklet as of September 11.

If you need a new Super Reader Green Logbook, please let your child's teacher know or email me directly at matthew_mueller@sd33.bc.ca
Happy reading!

SUPER READER PRIZES:

50 Nights – First Day for Prizes November 1st

- 2 for 1 Stickers or a Bookmark and a sticker.

100 Nights– Kiwanis Club Prize & McDonald's coupon

- K – t shirt & goodie bag
- 1 – picture book & goodie bag
- 2 – chapter book & goodie bag
- 3 – water bottle & McD coupon
- 4 – water bottle & McD coupon(grade 3 and 4 bottles are different)
- 5 – stylus pen & McD coupon + Chapter Book (**NEW** for 2021/2022!)

150 Nights

- Toy or Stationary Item – POKEMON key chains, poppets, snap bracelets, puzzle cubes, and other toys available. While supplies last.

200 nights

- Book Prize – **New book selection this year thanks to our last successful Book Fair.**

250 Nights

- \$8 Cole's Books gift certificate from the Kiwanis Club.

MATURE P/G CONTENT BOOKS:

Mature or PG Books are only available to Grade 4 and 5 students with a permission slip. They are available at the library. If your child would like to take out the 'mature content – teen books' we have in the library, he or she may get a library permission slip. These are books that have some violence, coarse language or mature subject matter e.g. The Hunger Games, Five Nights at Freddy's, and some various comic books. This only needs to be done once during their time at Promontory, as it is kept on file.



THE BOOKMAN:

We have a Promontory Library account set up there.

Please donate the credits you receive, and we are then able to buy good used books at great prices!

FAMILY ACCESS:

Families can drop in Monday through Thursday after school between 2:20 and 2:35, to use the library. On Friday mornings, families can come in and use the library between 8:20-8:50. Please note that the school is closed on **Friday Nov 10 & 24** because of the professional development days.

FAMILY STORY TIME

Next Story Time Dates:

Friday Nov 3 at 8:35 (Open from 8:20am - 8:50am).

Friday Nov 17 (Open from 8:20am - 8:50am).



During November I will be doing a special story time read aloud for parents and children 4 or younger. This is a great way to introduce young children to the school, library, and staff. If you would like to sign out books on this date, please come in at 8:20. I would like to sign out books before the story to book shop and set up your family account.

PAC NEWS

Promontory PAC is a hardworking, collaborative group that is open to ALL Parents. The PAC provides many wonderful opportunities, events, and experiences for students and the school community. New to PAC and PAC Meetings, come and see what it is all about!

NEXT PAC MEETING – TUESDAY- NOVEMBER 28, 2023

FUNDRAISER

 Are sweet treats on your shopping list?
We have a PAC Purdy’s fundraiser on NOW.
Think holiday hosting, gifts & stocking stuffers 

Orders can be placed online at this link, which you can share with family & friends to shop too
<https://fundraising.purdys.com/1769391-108498>

Order deadline: November 20th

Order pick up: Monday, December 4th at 6pm from school parking lot

HOT LUNCH

November 9 – Taco Del Mar

November 23 – Jim’s Pizza

December 8 – White Spot

December 22 – Subway

Note to returning parents upon first login. Any returning parents who login will see this message: “Welcome to the 2020-21 school year, please update your child’s grade/teacher/div BEFORE ordering”. **You must complete this step before you will be able to order.**

HOW TO REGISTER:

- 1) Go to: <https://munchalunch.com/schools/PromontoryHeights/>
- 2) Click the **“Register Here”** button (as shown below). The system will guide you through from there.
- 3) After adding your children, click the green **“Order Lunch!”** button to order
- 4) Next time, just click the **“Login Here”** button to access your account.

ORDERING DETAILS:

- Online ordering will be open at least by the 1st of each month until 1 week before date of hot lunch
- Orders are paid for using credit card online through munch a lunch secure system. Or brought to school by ordering date deadline. If payment is not received by deadline, you will be notified of your order cancellation.

Please only order for the dates you intend to pay for. Munch A Lunch does not accept partial payments. Thank you!

Please note if your child is ill on a lunch date, you are welcome to come and pick up their lunch at 12 pm from your child's classroom; otherwise please consider it a donation for a child who does not have a lunch. Consistent with previous years, there are **NO REFUNDS** as this is a PAC fundraiser.

We appreciate your support for our hot lunch program as the funds go towards needs of the school and general fundraising within the school. We are love having parent volunteers, but due to COVID restrictions this will be paused for now.

If you have any questions, please email the following: promontoryhotlunch@gmail.com

PAC Executive 2023-2024

Chair: Brian Leong

Past Chair: Esther Maloney

Vice Chair: Leah Shields

Treasurer: Lisa Brine

Secretary: Ashely Durance

Hot Lunch Coordinator: Karmen Sawracki, Lisa Brine

Fundraising – Bronwyn Wilson

PAC – PHESCA Liaison: Leah Shields

DPAC Rep: Esther Maloney & Ashley Durance

HAPPY HALLOWEEN!!







PHECSA FALL PROGRAM GUIDE

PROMONTORY HEIGHTS COMMUNITY SCHOOL ASSOCIATION



Follow us for updates on classes, programs and special events!

website: www.phecsa.ca

Facebook: Promontory Heights Community School Association-PHECSA

Instagram: [promcommunityschoolassociation](https://www.instagram.com/promcommunityschoolassociation)

Office Hours

Monday-Thursday 8:30am - 8:00pm

Friday 8:30am - 4:30pm

Saturday 9:00am - 1:00pm

PHECSA provides educational, recreational and social opportunities for community members of all ages and abilities.

PRE-SCHOOL (0-5 YEARS)

Busy Bees Crafts and Coffee

Thursdays 9:00-10:30am Start Date: September 21st, 2023 Free Drop-In
Join us for morning crafts, cuddles and coffee! Complete a craft, sing songs, and stories revolving around a weekly theme!

Dandelion Fields Outdoor Preschool

A place for little ones who love to discover, explore, imagine and play in the dirt!
Email for information & registration package: dandelionfieldspreschool@gmail.com
Website: www.dandelionfieldsoutdoorpreschool.com

Chilliwack Isshin-Ryu Karate Club

Little Dragons Ages 4-7 Mondays & Wednesdays
Learn about Karate and Self-Defense in a fun atmosphere.
For information and to register call 604-799-6504 or visit www.chilliwackisshinryu.ca

Little Kickers Soccer

SATURDAYS: OCTOBER-MARCH
Learn through Play! Little Kickers gives your child a positive introduction to sport by teaching high quality soccer skills in a friendly, pressure free environment. For more information call 604-791-3595 or visit www.littlekickers.ca

SCHOOL AGED (6-12 YEARS)

PRISM Studio Ceramics

VARIOUS DATES 3:00-4:00PM GRADES 1-5 PER SESSION -\$25.00
Everything you need to complete a fun ceramics project. Join us to complete an Instructor led ceramics project using fun design ideas and techniques..

Session Dates: Wednesday, October 25th - Halloween Project
Wednesday, November 22nd - Mugs
Tuesday, December 5th - Christmas Ornaments

Ready, Set, Bake!

VARIOUS DATES 3:00PM-4:30PM \$70.00
Introduce your child to the world of baking! Each 1.5 hour class, students are empowered to bake on their own, which builds confidence, independence and healthy eating habits, all while gaining practical life skills. Participants will learn to measure, whip and mix ingredients to make an assortment of baked goods all from scratch. Let's get baking!

Session Dates:

Mondays - October 16th-November 27th (skip Nov 13th) Kindergarten-Grade 2
Tuesdays- October 17th-November 28th (skip Oct 31st) Grades 3-5

Floor Hockey

WEDNESDAYS OCTOBER 18TH-NOVEMBER 22D 4:00PM-5:00PM GRADES 2-5 \$45.00
Join us for some Floor Hockey fun! Learn the fundamentals of hockey in a safe, fun and positive environment.

LEGO Club

THURSDAYS START DATE: TBD 2:45-3:45PM FREE DROP-IN
LEGO lovers a fun way to showcase your creativity! Join us every week and bring your wildest creations to life!
Parents of ALL participants MUST complete a one time registration form with contact information before attending.

At Home Alone+

DATE: FRIDAY (PRO-D DAYS) 10+ YEARS \$40.00
This is an interactive, participatory program that is designed to teach children to make safe choices while At Home Alone.

Next Course-Friday, October 20th from 1:00pm-5:00pm

Canadian Red Cross Babysitting Course

DATE: SATURDAY 9:00AM-5:00PM 11+ YEARS \$60.00
Basic first aid and caregiving skills for youth 11-15 years old. Participants learn how to provide care to younger children in a variety of age groups, and how to prevent and respond to emergencies. Participants will receive a Canadian Red Cross Babysitting certificate upon completion. Please contact the PHECSA office to be added to the wait list!

Next Course-Saturday, November 4th 9:00am-5:00pm

Chilliwack Isshin-Ryu Karate Club

MONDAYS AND WEDNESDAYS ALL AGES
Train with mixed age groups. Families have a chance to train together or grow in martial arts together. For more information call 604-799-6504 or visit www.chilliwackisshinryu.ca

PANTHER PEN BEFORE AND AFTER-SCHOOL CARE

Need Before or After-School Child Care?
Panther Pen-Fully Licensed School Aged Program
Monday thru Friday from 7:00am-8:25am and 2:15pm-5:30pm.

Pro-D Day Camps
Winter Break Camps
Spring Break Camps
Sun-N-Fun Camps: 8 Weeks of Summer Fun!

Space is Limited - Must Pre-Register
For Registration Information and Packages
Phone: 604-858-2999
Email: pantherpen@phecsa.ca

IMPORTANT REGISTRATION INFORMATION:
REGISTRATION MAY BE DONE IN PERSON AT THE PHECSA OFFICE, OR OVER THE PHONE PLEASE CALL 604-858-2999
ALL CLASSES NEED THE MINIMUM REQUIRED TO RUN - SO REGISTER EARLY TO AVOID DISAPPOINTMENT!! PHECSA ACCEPTS PAYMENT BY CASH, DEBIT OR ETRANSFER.

Promontory Heights Elementary Community School Association

46200 Stoneview Drive, Chilliwack BC V2R 5W8

Phone: 604-858-2999

EMAIL: phecsa@phecsa.ca

WEBSITE: www.phecsa.ca





PHECSA FALL PROGRAM GUIDE

PROMONTORY HEIGHTS COMMUNITY SCHOOL ASSOCIATION



YOUTH ZONE

Promontory Tween Night Grades 4-6

FRIDAYS 6:30-9:00PM START DATE: TBD DROP IN \$5.00
Looking for something to do on Friday nights? Check out the many activities offered...sports in the gym, movies, board games, concession, and dance parties. New theme nights each week!!! Join your friends for FUN, FUN, FUN!!

Tween Night Registration—Parents of ALL participants MUST complete a one time registration form with contact information before attending. Please contact the PHECSA office for Tween Night Registration forms. Maximum capacity 50 participants. Pre-Registration will be made available for larger Tween Night events.

Promontory Youth Crew 14+ years

Join the Youth Crew at Promontory! Get your work experience hours, help plan activities, special events, help out at Youth Night and qualify to apply for the PHECSA Scholarship. Call 604-858-2999 for information.

WEEKLY DROP-INS

Busy Bees Crafts and Coffee

THURSDAYS 9:00-10:30AM START DATE: SEPTEMBER 21ST FREE DROP-IN
Join us for a morning of crafts, cuddles & coffee! Complete a craft, sing songs, stories revolving around a weekly theme

LEGO Club

THURSDAYS 2:45-3:45PM START DATE: TBD FREE DROP-IN
LEGO lovers a fun way to showcase your creativity! Join us every week and bring your wildest creations to life!
Parents of ALL participants MUST complete a one time registration form with contact information before attending.

Pickleball

TUESDAY & THURSDAY 5:45-8:00PM START DATE: SEPTEMBER DROP-IN \$3.00

Primetimers Social

FRIDAYS: 9:30-11:00AM STARTS: SEPTEMBER 15TH FREE DROP-IN!
Take time for coffee and conversation. Meet local seniors and enjoy games, field trips and much more.

Promontory Tween Night Grades 4-6

FRIDAYS 6:30-9:00PM START DATE: TBD DROP IN \$5.00
Looking for something to do on Friday nights? Check out the many activities offered...sports in the gym, movies, board games, concession, and dance parties. New theme nights each week!!! Join your friends for FUN, FUN, FUN!!

Tween Night Registration—Parents of ALL participants MUST complete a one time registration form with contact information before attending. Please contact the PHECSA office for Tween Night Registration forms. Maximum capacity 50 participants. Pre-registration will be made available for larger Tween Night events.

ADULT/SENIOR

Primetimers Social

FRIDAYS 9:30-11:00AM STARTS SEPTEMBER 15TH FREE DROP-IN!
Take time for coffee and conversation. Meet local seniors and enjoy games, field trips and much more.

Pickleball

TUESDAY & THURSDAY 5:45-8:00PM STARTS SEPTEMBER 26TH DROP-IN \$3.00

Hatha Yoga

THURSDAYS 7:00-8:00PM OCTOBER 5TH - DECEMBER 7TH \$120.00
Relax as you practice Hatha Yoga, blending together the benefits of an active and receptive practice, woven and deeply connected by the breath. Class will include a dynamic, warming all levels sequence and be balanced with a quiet, cooling set of postures for an integrated and nourishing practice to help calm and relax the nervous system. Beginners welcome!
Drop-In available for \$15.00 per session

ZUMBA

WEDNESDAYS 7:00-8:00PM START DATE: SEPTEMBER 27TH
Come on out and join the Zumba party with our instructor Nicci. Zumba is a fun and exhilarating choreographed fitness class that incorporates cardio and Latin-inspired dance. It is a mix of high and low intervals that will get your heart pumping, body moving and put a smile on your face. Ages 13+ and all fitness levels are welcome.
\$15 drop-in / 5 class punch card for \$60 / 10 class punch card for \$120 (11th class is free!)
For more information email nicciszumba@gmail.com / Facebook Page Niccis Zumba.

MUSIC PROGRAM

Private Piano Lessons 6+ years

Monday-Thursday \$17.00 per 1/2 hour lesson

Private Guitar & Ukulele Lessons 6+ years

Tuesday & Wednesday \$24.00 per 1/2 hour lesson

Please contact PHECSA 604-858-2999 for lesson information and availability.

SPECIAL EVENTS

Meet the Teacher Night & BBQ

THURSDAY, SEPTEMBER 21ST 5:00PM-6:30PM

Trick-or-Treat at the school!

TUESDAY, OCTOBER 31ST 5:30-7:00PM
Come trick-or-treat at the main doors of the school! Hot chocolate & Treats!



FACILITY RENTALS

Our school facilities are used throughout the year for birthday parties, meetings, clubs, team practices, and many other social, recreational and educational community gatherings. Contact us about your special event!

IMPORTANT REGISTRATION INFORMATION:
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ALL CLASSES NEED THE MINIMUM REQUIRED TO RUN - SO REGISTER EARLY TO AVOID DISAPPOINTMENT!! PHECSA ACCEPTS PAYMENT BY CASH, OR ETRANSFER



FUNDING ACKNOWLEDGEMENT

THIS VENTURE HAS BEEN MADE POSSIBLE DUE TO A PARTNERSHIP BETWEEN SCHOOL DISTRICT #33 AND THE CITY OF CHILLIWACK. PHECSA WOULD LIKE TO GRATEFULLY ACKNOWLEDGE FUNDING RECEIVED BY THE CITY OF CHILLIWACK AND SERVICE CANADA

Stay tuned for upcoming classes, programs & special events!

Have a program idea? We would love to hear about it! Send us an email at: phecsa@phecsa.ca



Promontory Heights Elementary Community School Association

46200 Stoneview Drive, Chilliwack BC V2R 5W8

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