

NEWS ✨ * LETTER

January 2024

Principal's Message

Happy New Year, Promontory Families!

We hope that you had a wonderful winter break as a family filled with many special memory making moments, including some downtime and rest! Staff were happy to welcome students back and students arrived with much excitement and energy. The past week was spent reconnecting, returning to the routine of school and reviewing both school and classroom expectations to make each day together positive and engaging.

We are fortunate to have several teacher leaders from the district's curriculum department providing exciting learning support and opportunities for students and staff. Welcome Back to Mrs. Henrotte who is now one of the district's Early Literacy Collaboration Teachers working with our Grade 1 and 2 classes to support students with developing strong literacy practices. We are fortunate to have Mr. Allan working with all classes to support the implementation of Physical Literacy (PE) and movement for all students, and Mrs. Webb and Mr. Ladders who will be supporting intermediate classes Monday mornings in math for the months of January and February. Together with classroom teachers they will focus on deepening students mathematical thinking, understanding, and application.

With the new year comes the reminder to register for Kindergarten for September 2024. If your child turns 5 in 2024, please register for school to ensure they have a spot in one of Kindergarten classes as available spaces fill up fast. Registration information can be found [here](#).

-Ms. Kass



Winter Weather / Closures & Inclement Weather

Winter weather and cold temperatures have now arrived. Please ensure your child is well prepared for the cooler, wet weather having the proper outdoor attire as students will go outside for breaks along with sending a change of socks, pants, mitts in case they become too wet or muddy.

All schools will remain OPEN unless there is heavy snowfall, storm, or circumstance such as power outage that prevents the delivery of instruction. From time-to-time schools are sometimes closed for safety reason in the event of extreme weather conditions. The school district endeavors to notify of any school or district-wide closures as early as possible via the following platforms:

- [District Website](#)
- [Promontory Website](#)
- [Promontory PAC Facebook](#)

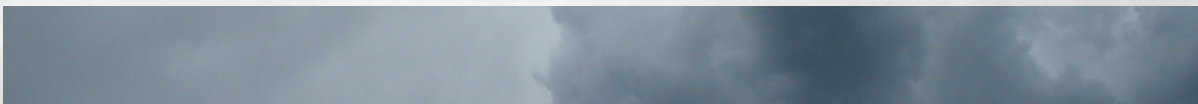


School closures for the district will often be communicated through local news stations (online, radio, TV):

Star FM (98.3) and The Drive (89.5) to receive up-to-date information about school closures and bussing information. Reports will begin at 6:00 am or shortly after.

Dress for the Weather

With winter season now upon us, there will likely be more snow days ahead, turning our school grounds into a winter wonderland. On school days where snow falls, please have your child come wearing outdoor winter wear so they can play in outside on the fields and playground. Students are encouraged to wear waterproof outdoor clothing such as boots and jackets with hats. Slips and falls do happen from time to time, families are encouraged to include a change of clothe in their child's backpack.





Main School Parking Lot

To maintain the flow of vehicle traffic, reduce congestion and to allow the district School Bus to be able to drive up Stoneview Dr. to the student loading zone, we are reminding drivers that all vehicles in the center lane have the right away.

Those who utilize the quick-stop double-park strategy behind staff cars parked in the marked stalls, please wait until the drive through lane is completely open before attempting to merge back into the drive though lane. Those in the drive through, center lane please continue to proceed ahead.

Your kindness and patience towards fellow drivers and school community members is very much appreciated. It is requested that you continue to proceed ahead and not inadvertently back up traffic by letting those who are parked next to the drive through lane to merge back into the center lane.

Parking Lot Safety Reminder

As well, once your vehicle has entered the school parking lot, you are required to complete the loop. Please DO NOT back up or attempt a quick u-turn, even if it is nearby the entrance/exit gate.

Families are also reminded to use the sidewalks and to not walk through the parking lot, between vehicles.



Lost & Found

The fall saw the school's Lost and Found corner quickly become over flowing with many unclaimed items donated to charity in December.

A reminder to label your child's items so if 'lost' they can readily be reacquainted with its owner. Please check the Lost and Found corner (lower floor stair well area) as soon as possible and regularly to claim personal belongings. The school is not responsible for any lost items. Any items left unclaimed at the March break will be donated to a local charity.





Community Partnerships

Special thank you to **Sport Chek** for partnering with the school to provide several pairs of running shoes at a significant discount.

Art of Driving School, along with their partners, have provided several Winter Coats and Socks to the school for distribution. Thank you!!! We appreciate your time, generosity and care for families in our community. Community partnerships like this are invaluable and truly make a difference!



C O M M U N I T Y

Not Feeling Well?



If your child has cold or flu-like symptoms, please keep them home until they have improved and they are well enough to attend school and participate in all lessons. This will help keep students and staff as healthy as possible.





Grade 5 - LFI

Parent Meeting - Tuesday, January 23, 2024 @ 7:00pm (meeting zoom link to follow)

Online applications for Late French Immersion (& more information) for students entering Grade 6 in September 2024 can be submitted/found at any time by visiting <https://sd33.bc.ca/registration> and select either Chilliwack Middle School (LFI) or Vedder Middle School (LFI) as your school of choice.

✓ [Parent Meeting Presentation Slides](#)

Dates to Remember:

Upcoming:

Jan 25 - Hot Lunch (Jim's Pizza)
Jan 26 - Pro-D Day, No School
Feb 9 - Hot Lunch (Taco Del Mar)
Feb 16 - Pro-D day, No School
Feb 19 - Family Day, No School

Triple Ball:

Girls:

- Jan 17 - Promontory vs Unsworth (@ Unsworth)
- Jan 24 - Promontory vs. Yarrow (@ Promontory)
- Jan 31 - Promontory vs. Watson (@ Watson)
- Feb 7 - Promontory vs. Stitó:s (@ Stitó:s)
- Feb 14 - Promontory vs. Cultus (@ Promontory)
- Feb 21 - Promontory vs. Sardis (@ Sardis)

Boys:

- Jan 16 - Promontory vs Unsworth (@ Promontory)
- Jan 23 - Bye Week - No Game
- Jan 30 - Promontory vs. Watson (@ Promontory)
- Feb 6 - Promontory vs. Vedder (@ Promontory)
- Feb 13 - Promontory vs. Sardis (@ Sardis)
- Feb 20 - Promontory vs. Stitó:s (@ Stitó:s)



Library News✦

Rainy Weather, Water Bottles & Plastic Bags

Rain, winter weather and water bottles can be very harmful for our library books. If a book is returned with water damage, it will need to be replaced. Please take precautions to ensure your child's back pack is waterproof and will not leak. Please avoid storing any water bottles inside of backpacks. Putting a book in a plastic bag can create a layer of protection around the book. Plastic bags are available in the library while supplies last.

Kiwanis SUPER READER Program Update

First day to claim 100 Nights is Dec 20. Prizes will be handed out in January. The Kiwanis Super Reader program is more than just winning prizes. This reading program is designed to make reading part of your daily routine. Every night a student reads, or listens to their parent reading (for a minimum of 15 minutes) they can check off a square in the green reading log book. Students enjoy checking off the days as they make their way through the reading log book. Making the Super Reader program as part of your daily routine will help your children become lifelong readers.

How does Super Reader work?

Every night a child reads for 15 minutes they receive a check mark in their green reading log booklet. Every 50 nights of reading, please return the booklet back to your classroom teacher for a reading prize.

If you need a new Super Reader Green Log Book please let your child's teacher know or email me directly at matthew_mueller@sd33.bc.ca

Happy reading!



Library News ✨

Kiwanis SUPER READER Program Update

SUPER READER PRIZES:

50 Nights – First Day for Prizes was November 1st

·2 for 1 Stickers or a Bookmark, a sticker or temporary tattoo.

100 Nights– Kiwanis Club Prize & McDonald's coupon – First day for prizes is Jan 2

ALL 100 NIGHT PRIZES and will be distributive at the end of January

K – t shirt & goodie bag

1 – picture book & goodie bag

2 – chapter book & goodie bag

3 – water bottle & McD coupon

4 – water bottle & McD coupon

water bottles should be hand washed.

5 – stylus pen & McD coupon + Chapter Book

150 Nights - (Earliest day for 150 Night prizes is Feb 8th).

·Toy or Stationary Item – POKEMON key chains, poppets, snap bracelets, puzzle cubes, and other toys available. While supplies last.

200 Nights

·Book Prize – New book selection this year thanks to our last successful Book Fair.

250 Nights

\$8 Cole's Books gift certificate from the Kiwanis Club.



Library News ✨

Reading Link Challenge 2023-2024 (Battle of the books)

Get ready to join in the fun and participate in the sport of reading! Promontory will be participating in the FVRL Reading Link Challenge again this year. This competition is open to students in Grade 4 and 5 who are strong readers.

Promontory Heights Elementary has been the top school to beat in the Chilliwack School District and entire Fraser Valley region for the last two years (2022, 2023). Come be a part of our success!

How does the FVRL Reading Link Challenge Work? – Grade 4 or 5 Students will read up to 6 specially selected books. Their job is to pay attention to the details of the story. Students then practice with their teams by taking turns asking and answers questions. All questions will be short answer, multiple choice, and true or false questions. Parents can help too! Read the books. Encourage your child. Help quiz your child about the details of the books. For more information visit: www.readinglinkchallenge.ca

The Books:

- Astrid the Unstoppable by Maria Parr
- Because of the Rabbit by Cynthia Lord
- J.D. and the Great Barber Battle by J.Dilard
- Linked by Gordan Korman
- Peter Lee's Notes from the Field by Angela Ahn
- Upside Down Magic by Sarah Mlynowski, Lauren Myracle, Emily Jenkins



Library News✦

The Bookman

We have a Promontory Library account set up there. Please donate the credits you receive and we are then able to buy good used books at great prices! Thank you to the families that did that this past year.

Mature Content books:

If your child would like to take out the 'mature content – teen books' we have in the library, he or she may get a library permission slip. These are books that have some violence, coarse language or mature subject matter e.g. The Hunger Games, Five Nights at Freddy's, Dragon Ball Z (Manga) and some various comic books. This only needs to be done once, as it is kept on file.

City Wide Reading Challenge – Sponsored by the FVRL

The FVRL is having a city-wide Reading Challenge. How does this work? Between **Feb 3-Feb 23** read as many days as you can. Podcasts and audiobooks count too! Tell us how many days you read when you enter the prize draw. Submit your ballot by March 1st: online in the ballot boxes at Sardis, Chilliwack, and Yarrow Library in the ballot box at the Bob Chan-Kent Family YMCA by photographing and emailing it to info@chilliwacklearning.com.

Get your ballot and tracking sheet at Sardis, Chilliwack, and Yarrow Library, or bit.ly/CLSreadingchallenge . Please note that a black and white copy has been attached to this email.

Contest runs from **Feb 3-23, 2024**. Open to all ages. Chances of winning depend on the number of entries received. the ballot entry deadline is March 1. Winners will be selected randomly on March 6, 2024. Winners will be notified by phone or email and can collect their prizes at Chilliwack, Yarrow and Sardis libraries. Winners forfeit unclaimed prizes after 1 month. Limit of 1 entry per person. No purchase necessary.



PHECSA WINTER PROGRAM GUIDE

PROMONTORY HEIGHTS COMMUNITY SCHOOL ASSOCIATION

Follow us for updates on classes, programs and special events!

www.phecsa.ca

Facebook: Promontory Heights Community School Association-PHECSA

Instagram: promcommunityschoolassociation

OFFICE HOURS

Monday-Thursday 8:30am - 8:00pm

Friday 8:30am - 4:30pm

Saturday 9:00am - 1:00pm

PHECSA provides educational, recreational and social opportunities for community members of all ages and abilities.

PRESCHOOL (0-5 YEARS)

SCHOOL AGED (6-12 YEARS)

Busy Bees Crafts and Coffee

THURSDAYS 9:00-10:30AM

FREE DROP-IN

Join us for morning crafts, cuddles and coffee! Complete a craft, sing songs, and stories revolving around a weekly theme!

Dandelion Fields Outdoor Preschool

A place for little ones who love to discover, explore, imagine and play in the dirt!

Email for information & registration package: dandelionfieldspreschool@gmail.com

Website: www.dandelionfieldsoutdoorpreschool.com

Chilliwack Isshin-Ryu Karate Club

Little Dragons Ages 4-7 Mondays & Wednesdays

Learn about Karate and Self-Defense in a fun atmosphere.

For information and to register call 604-799-6504 or visit www.chilliwackisshinryu.ca

Little Kickers Soccer

SATURDAYS: OCTOBER-MARCH

Learn through Play! Little Kickers gives your child a positive introduction to sport by teaching high quality soccer skills in a friendly, pressure free environment. For more information call 604-791-3595 or visit www.littlekickers.ca

PRISM Studio Ceramics

VARIOUS DATES 3:00-4:00PM GRADES 1-5 PER SESSION -\$25.00

Everything you need to complete a fun ceramics project. Join us to complete an Instructor led ceramics project using fun design ideas and techniques..

Session Dates: Wednesday, January 24th - Bowls

Wednesday, February 7th - Heart Mugs

Wednesday, March 6th - Boxes

Ready, Set, Bake!

Winter Session - New Recipes! 3:00pm-4:30pm \$70.00

Introduce your child to the world of baking! Each 1.5 hour class, students are empowered to bake on their own, which builds confidence, independence and healthy eating habits, all while gaining practical life skills. Participants will learn to measure, whip and mix ingredients to make an assortment of baked goods all from scratch. Let's get baking!

Session Dates:

Mondays - January 15th-February 26th (skip Feb 19th) K-Grade 2 - FULL

Tuesdays- January 16th-February 20th Grades 3-5

Floor Hockey

WEDNESDAYS JAN 24TH-FEB 28TH 4:00PM-5:00PM GRADES 2-5 \$45.00

Join us for some Floor Hockey fun! Learn the fundamentals of hockey in a safe, fun and positive environment.

Basketball - REGISTRATION FULL

THURSDAYS JAN 25TH-FEB 29TH 2:30PM-3:30PM (INCLUDES T-SHIRT)

Join BC BOUNCE for six-sessions of After-School Basketball! Sessions will focus on learning and developing skill sets and movements as we progress to controlled games and competition in an encouraging and fun environment.

LEGO Club

THURSDAYS 2:30-3:45PM GRADES 1-5 FREE DROP-IN!

LEGO lovers a fun way to showcase your creativity! Join us every week and bring your wildest creations to life! Monthly schedule posted!

All participants must have completed registration forms for the 2023-2024 school year on file to attend.

At Home Alone+

DATE: FRIDAY (PRO-D DAYS) 10+ YEARS \$40.00

This is an interactive, participatory program that is designed to teach children to make safe choices while At Home Alone.

Next Course-Friday, February 16th from 1:00pm-5:00pm

Canadian Red Cross Babysitting Course

DATE: SATURDAY 9:00AM-5:00PM 11+ YEARS \$60.00

Basic first aid and caregiving skills for youth 11-15 years old. Participants learn how to provide care to younger children in a variety of age groups, and how to prevent and respond to emergencies. Participants will receive a Canadian Red Cross Babysitting certificate upon completion. Please contact the PHECSA office to be added to the wait list!

Next Course-Saturday, February 24th 9:00am-5:00pm

Chilliwack Isshin-Ryu Karate Club

MONDAYS AND WEDNESDAYS

ALL AGES

Train with mixed age groups. Families have a chance to train together or grow in martial arts together. For more information call 604-799-6504 or visit www.chilliwackisshinryu.ca

PANTHER PEN BEFORE AND AFTER-SCHOOL CARE

Need Before or After-School Child Care?

Panther Pen-Fully Licensed School Aged Program

Monday thru Friday from 7:00am-8:25am and 2:15pm-5:30pm.

Pro-D Day Camps

Winter Break Camps

Spring Break Camps

Sun-N-Fun Camps: 8 Weeks of Summer Fun!

Space is Limited - Must Pre-Register

For Registration Information and Packages

Phone: 604-858-2999

Email: pantherpen@phecsa.ca

IMPORTANT REGISTRATION INFORMATION:
REGISTRATION MAY BE DONE IN PERSON AT THE PHECSA OFFICE, OR OVER THE PHONE PLEASE CALL 604-858-2999
ALL CLASSES NEED THE MINIMUM REQUIRED TO RUN - SO REGISTER EARLY TO AVOID DISAPPOINTMENT!! PHECSA ACCEPTS PAYMENT BY CASH, OR E-TRANSFER.

Promontory Heights Elementary Community School Association

46200 Stoneview Drive, Chilliwack BC V2R 5W8

PHONE: 604-858-2999

EMAIL: phecsa@phecsa.ca

WEBSITE: www.phecsa.ca



PHECSA WINTER PROGRAM GUIDE

PROMONTORY HEIGHTS COMMUNITY SCHOOL ASSOCIATION

YOUTH ZONE

Promontory Tween Night Grades 4-6

FRIDAYS 6:30-9:00PM

DROP IN \$5.00

Looking for something to do on Friday nights? Check out the many activities offered...sports in the gym, movies, board games, concession, and dance parties. New theme nights each week!!! Join your friends for FUN, FUN, FUN!!

Tween Night Registration—Parents of ALL participants MUST complete a one time registration form (for the current school year!) with contact information before attending. Please contact the PHECSA office for Tween Night Registration forms. Maximum capacity 50 participants.

Promontory Youth Crew 14+ years

Join the Youth Crew at Promontory! Get your work experience hours, help plan activities, special events, help out at Youth Night and qualify to apply for the PHECSA Scholarship. Call 604-858-2999 for information.

WEEKLY DROP-INS

Busy Bees Crafts and Coffee

THURSDAYS 9:00-10:30AM

FREE DROP-IN!

Join us for a morning of crafts, cuddles & coffee! Complete a craft, sing songs, stories revolving around a weekly theme

LEGO Club

THURSDAYS 2:30-3:45PM

GRADES 1-5

FREE DROP-IN!

LEGO lovers a fun way to showcase your creativity! Join us every week and bring your wildest creations to life! Monthly schedule posted.

Must have completed registration forms for the 2023-2024 school year on file to attend.

Pickleball

TUESDAY AND THURSDAY 5:45-8:00PM

DROP-IN \$3.00

Primetimers Social

FRIDAYS: 9:30-11:00AM

FREE DROP-IN!

Take time for coffee and conversation. Meet local seniors and enjoy games, field trips and much more.

Promontory Tween Night Grades 4-6

FRIDAYS 6:30-9:00PM

DROP IN \$5.00

Looking for something to do on Friday nights? Check out the many activities offered...sports in the gym, movies, board games, concession, and dance parties. New theme nights each week!!! Join your friends for FUN, FUN, FUN!!

Tween Night Registration—Parents of ALL participants MUST complete a one time registration form (for the current school year!) with contact information before attending. Please contact the PHECSA office for Tween Night Registration forms. Maximum capacity 50 participants.



IMPORTANT REGISTRATION INFORMATION:
REGISTRATION MAY BE DONE IN PERSON AT THE PHECSA OFFICE, OR OVER THE PHONE PLEASE CALL 604-858-2999
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ADULT/SENIOR

Primetimers Social

FRIDAYS 9:30-11:00AM

FREE DROP-IN!

Take time for coffee and conversation. Meet local seniors and enjoy games, field trips and much more.

Pickleball

TUESDAY & THURSDAY 5:45-8:00PM

DROP-IN \$3.00

Hatha Yoga

THURSDAYS 7:00-8:00PM

JANUARY 11TH-MARCH 14TH

\$120.00 (10 SESSIONS)

Relax as you practice Hatha Yoga, blending together the benefits of an active and receptive practice, woven and deeply connected by the breath. Class will include a dynamic, warming all levels sequence and be balanced with a quiet, cooling set of postures for an integrated and nourishing practice to help calm and relax the nervous system. Beginners welcome!
Drop-In available for \$15.00 per session

ZUMBA

WEDNESDAYS 7:00-8:00PM

Come on out and join the Zumba party with our instructor Nicci. Zumba is a fun and exhilarating choreographed fitness class that incorporates cardio and Latin-inspired dance. It is a mix of high and low intervals that will get your heart pumping, body moving and put a smile on your face. Ages 13+ and all fitness levels are welcome.

\$15 drop-in / 5 class punch card for \$60 / 10 class punch card for \$120 (11th class is free!)
For more information email nicciszumba@gmail.com / Facebook Page Niccis Zumba.

MUSIC PROGRAM

Private Piano Lessons

6+ years

Monday-Thursday \$17.00 per 1/2 hour lesson

Private Guitar & Ukulele Lessons

6+ years

Tuesday & Wednesday \$24.00 per 1/2 hour lesson

Please contact PHECSA 604-858-2999 for lesson information and availability.

SPECIAL EVENTS

FOLLOW US FOR UPDATES ON CLASSES, PROGRAMS AND SPECIAL EVENTS!
WWW.PHECSA.CA
FACEBOOK: PROMONTORY HEIGHTS COMMUNITY SCHOOL ASSOCIATION-PHECSA
INSTAGRAM: PROMCOMMUNITYSCHOOLASSOCIATION

FACILITY RENTALS

Our school facilities are used throughout the year for birthday parties, meeting, clubs, team practices, and many other social, recreational and educational community gatherings. Contact us about your special event!



CITY OF
CHILLIWACK

Service
Canada

FUNDING ACKNOWLEDGEMENT

THIS VENTURE HAS BEEN MADE POSSIBLE DUE TO A PARTNERSHIP BETWEEN SCHOOL DISTRICT #33 AND THE CITY OF CHILLIWACK. PHECSA WOULD LIKE TO GRATEFULLY ACKNOWLEDGE FUNDING RECEIVED BY THE CITY OF CHILLIWACK AND SERVICE CANADA

Stay tuned for upcoming classes, programs & special events!

Have a program idea? We would love to hear about it! Send us an email at: phecsa@phecsa.ca

Promontory Heights Elementary Community School Association

46200 Stoneview Drive, Chilliwack BC V2R 5W8

PHONE: 604-858-2999

EMAIL: phecsa@phecsa.ca

WEBSITE: www.phecsa.ca

PHECSA





ART & CRAFT WORKSHOP

Location Promontory Elementary School

Join Carla for four-sessions to learn some new crafty skills!
Every week participants will create at least one project to take home.
We will get creative with clay, beads, wire, paint, paper, rocks and more!

Mondays, January 29th-February 29th

(skip Monday, February 19th)

2:30pm-4:00pm

Grades 3-5

For Registration Forms Contact 604-858-2999

No Cost - Space is Limited

phone: 604-858-29999

email: phecsa@phecsa.ca

website: phecsa@phecsa.ca



JANUARY TWEEN NIGHTS

Fridays, 6:30pm-9:00pm @ Promontory Heights

Elementary School

Open to ALL STUDENTS in grades 4-6

(50 student capacity)

\$5 entrance fee per student

JANUARY 12TH: NYE FORMAL

Welcome back and Happy New Year! Let's celebrate the start of 2024 together and have a New Years Eve themed night! Dress in your best black or gold attire!

JANUARY 19TH: MOVIE NIGHT

It's Tween Night's own red-carpet movie night! Come join us for a movie and free popcorn! Feel free to wear your best red carpet look!

IMPORTANT INFORMATION - TWEEN NIGHT PRE-REGISTRATION

Parents of ALL participants MUST complete a one time registration package before attending Tween Night.

Contact the PHECSA office by phone or email for a registration package.

Registration will NOT be accepted at the door



PHONE: 604-858-2999

EMAIL: phecsa@phecsa.ca

WEBSITE: www.phecsa.ca