

PROMONTORY NEWSLETTER

March 2025

Principal - Kim Kass ph: 604-824-4885
Vice-Principal - Justin Moore

Principal's Message

Spring is on the Horizon!

As we welcome the arrival of March, we can almost feel the promise of spring just around the corner. This also marks the conclusion of the second term of learning, a time to reflect on the remarkable growth our students have achieved. Throughout Term 2, we've seen so much personal development—both academically and emotionally. It's truly inspiring to watch our students grow in confidence and skill every day.

Celebrating Student Progress

As you review your child's report card, we encourage you to have a thoughtful conversation with them about their progress. Take time to celebrate the many things they do well and highlight their successes. It's equally important to discuss areas where they feel they can grow, and work together to set meaningful goals for continued improvement. This reflection will help foster a sense of pride and ownership in their learning.

Learning Skills: Growth Beyond the Classroom

In addition to academic progress, our students are also developing essential learning skills that are key to their success both now and in the future. These competencies help students build a solid foundation for self-awareness, growth, and collaboration. They include:

- **Organization:** How well students keep their work and spaces organized, and how prepared they are each day.
- **Self-Regulation:** The ability to manage behaviors and emotions, especially when facing challenges or new situations.
- **Responsibility:** How students manage their duties and make smart choices, taking accountability for their actions.
- **Collaboration:** The ability to work well with others, contributing ideas and listening to the input of others during group tasks.
- **Independence:** How well students work on tasks independently or with minimal support from adults.
- **Initiative:** The drive to begin tasks independently, seek ways to deepen their understanding, and look for opportunities to extend their learning.

These competencies are integral to developing not only as students but as individuals prepared for success in all aspects of life.

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Kindness and Good Citizenship

In recent weeks, our focus has been on Kindness and Good Citizenship, and it has been heartwarming to see these traits in action all around the school. From spontaneous acts of kindness to students stepping up as leaders, we've witnessed so many moments that have filled us with pride. A few that stand out:

- A group of boys cheering on a classmate with physical limitations during a relay race, showing incredible support and encouragement.
- Older students taking the initiative to greet, talk to, and walk alongside one of our youngest learners who uses a wheelchair and has limited communication.
- Divisions 15, 16, 20, and 21 hosting cupcake sales to raise funds for kindness initiatives in the community next week.

These moments remind us of the values we strive to instill in our students, and we are incredibly proud of how they embody kindness and citizenship every day.

A Grateful Community

I want to express my heartfelt thanks to everyone in our school community—students, staff, and families alike. Your continued support, involvement, and positive energy make Promontory a truly special place. Together, we are creating a nurturing environment where every student feels empowered to learn, grow, and succeed.

As we head into the second half of the school year, let's continue to live by our motto: **Strong Learners, Kind Hearts.**

Wishing You a Wonderful Spring Break

On behalf of everyone at Promontory, I wish you and your family a restful and enjoyable Spring Break. May it be filled with fun adventures, cherished memories, and hopefully plenty of sunshine! We look forward to seeing everyone back at school on Monday, March 31st.

Thank you for your ongoing support!

~*Ms. Kass*

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Kindness Project

Divisions 15, 16, 20 and 21 will be spreading kindness throughout the community using the funds they raised from our cupcake sales in February!

On March 13th, these 4 divisions will be stationed around local businesses, pouring kindness into our community in the form of:

- Coffee
- Flowers
- Chocolates
- Booster Juice
- Dog Treats
- Homeless Kits (made & dispersed)

Thank you to these students, teachers and volunteers for making this happen!

• SPREAD •
Kindness

Spring Ahead

Clocks go ahead 1 hour on Sunday March 9, 2025.



Library News

As many of you know, Mr. Mueller had a baby girl in January. We are looking forward to his return on March 13th. We would like to thank Ms. Dick for her wonderful support and leadership in the Library while Mr. Mueller was away.



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Earthquake Preparedness

Over the past few weeks there has been 3 Earthquakes in our region (Feb. 21, Feb. 25, March 3) with the most recent occurring 10 km off Orcas Island by Seattle, reminding us that we live in an active Earthquake zone. Although the experts have reported that all 3 Earthquakes are not related or indicative of a much larger Earthquake being near, it is a good reminder of the importance of being prepared in the event one occurring. The [Government](#), [Red Cross](#), and Seismologists recommend the following to be prepared:

1. Make an Emergency Plan
2. Create an Emergency Kit
3. Practice: Drop, Cover, and Hold-on

Additional information resources can be accessed from the BC Government's [Earthquake and Tsunami Preparedness Guide](#)

Upcoming Dates

Mar 31 - Welcome Back!

- schools re-open

Apr 11 - Storybook Character Day!

Apr 16 - Class & School Photo Day

Apr 18 - Good Friday, No School

Apr 21 - Easter Monday, No School

Apr 22 - Earth Day

Apr 25 - Pro-D Day, No School

Break time

Spring Break Dates

March 15 - March 30, 2025



PROMONTORY PLANNER

Tuesday - March 11

Pac Meeting
@ 7:00pm (library)

*these meetings are open to
all parents of Promontory
Elementary Students.
Please Join Us!

Thursday - March 13

COLOUR DAY!
(wear bright colors)

Kindness Project
(Div 15, 16, 20 & 21)

Friday - March 14

Pick A Perk Day!
(gr. 2-5 only)

LAST DAY
BEFORE SPRING
BREAK

Mar 15 - Mar 30

2025

SCHOOL
BREAK

notes

PICK A PERK

Students in Grade 2-5 will have the opportunity to
"Pick a Perk" for the day!

This is a fundraiser for the Grade 5 trip to CAMP SQUEAH!

Here are the Perks Available:

- 1.) Chew gum
- 2.) Wear PJs & bring a stuffy
- 3.) Snack anytime
- 4.) Pick your seat in the classroom
- 5.) Use a fancy/special pen for day
- 6.) Change your name

Each perk is \$1 ...or for just \$5 you can have ALL 6!

On the day of the event, students will be given a tag that
indicates the perks they have purchased.

PURDY'S FUNDRAISER



ordering open until March 25
pick up at Promontory
Elementary april 7th



March Tween Nights



Fridays, 6:30pm-9:00pm @ Promontory Heights Elementary School

Open to **ALL STUDENTS IN grades 4-5**

(50 student capacity)

\$5.00 entrance fee per student



March 7th

Grab a friend (or several) and dress up for Twin Night! There will be a prize for those that come dressed the most alike!



March 14th

It's Circus Night! We will have **FREE** cotton candy and circus themed games.



NEW IMPORTANT INFORMATION - TWEEN NIGHT PRE-REGISTRATION

Parents of ALL participants **MUST** complete a one time registration package for the 2024 - 2025 school year before attending Tween Night. Contact the PHECSA office by phone or email for a registration package.



PHONE: 604-858-2999

EMAIL: phecsa@phecsa.ca

WEBSITE: www.phecsa.ca





Chilliwack
School District



ANGER CPR

Gain awareness of the emotional roots to anger, the difference between anger and aggression, and the steps that take us from frustrated to furious or adaptation. Discover useable ideas about taming tantrums and minimizing meltdowns, yours, and your child's.



**REGISTER
NOW**

MAY 21, 28 & JUN 4

WEDNESDAYS

6 - 8 PM

childminding included

CCS @ The Paramount

Arbutus Room

#100 - 46187 Yale Rd, Chilliwack

3 PART SERIES





Circle OF SECURITY



A research and relationship-based program that takes much of the guess work out of being a caregiver; improving confidence in recognizing your child's emotional, relational needs; and providing information to help interpret your child's behaviour.



8 Part Series

The NLC @ Chilliwack Secondary School
46363 Yale Rd, Chilliwack

Apr 2, 9, 16, 23, 30
May 14, 21, 28

9:30 - 11:30 AM **Childminding included**

**REGISTER
NOW**



Chilliwack
School District



CHWK
COMMUNITY SERVICES



3 PART SERIES

**REGISTER
NOW**



EMOTIONAL ADAPTABILITY



April
16, 23, 30

When we mix our emotions with experience of others, with updated wisdom about our past stories, and upgraded skills, we become more comfortable and more confident with emotional complexity. In this workshop we explore and re-establish friendly relations with our kids and our 6 big emotions; Joy, Fear, Sadness, Anger, Shame, and Curiosity.

**CCS @ The Paramount
Arbutus Room**

#100 - 46187 Yale Rd, Chilliwack

6:00 - 8:00 PM
CHILD MINDING INCLUDED



Chilliwack
School District



CHWK
COMMUNITY SERVICES